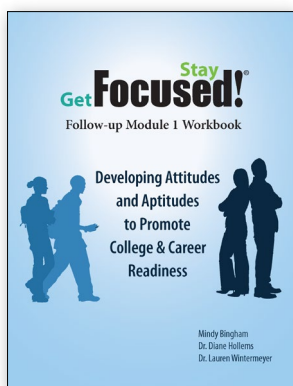
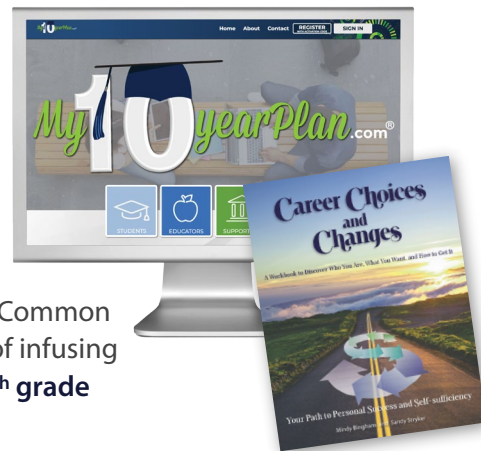


The *Get Focused...Stay Focused!*[®] student workbooks take college and career planning to a new level.

Designed to follow a freshman course using the *Career Choices* series and My10yearPlan.com[®], **this cutting-edge hybrid course is unlike anything available.**

- ✓ Teachers appreciate the engaging lessons that support rigorous academic standards.
- ✓ Students gain the knowledge and experience necessary to successfully navigate post-secondary options.
- ✓ Parents applaud reality-based exercises that set young adults on a path toward self-sufficiency.
- ✓ Administrators welcome the increased ADA funding when newly motivated students have better attendance.

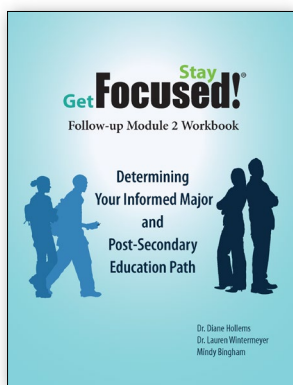


Each follow-up module has 16 lessons that meet the Common Core State Standards, providing a **turn-key method** of infusing this **powerful planning process** in 10th, 11th, and 12th grade English/Language Arts to help students:

- ✓ Expand their career and education options
- ✓ Learn the process for selecting and applying to post-secondary education
- ✓ Create a Skills-based Education Plan

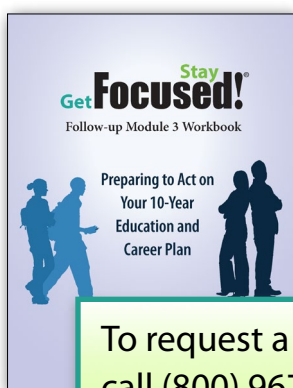
The *Get Focused...Stay Focused!*[®] process prepares students to graduate with the elements that research identifies as being vital to **college completion** and **student success**.

- ✓ A carefully-considered career path
- ✓ An *informed* major or program of study
- ✓ A post-secondary institution or training program that matches their career and life goals AND that is affordable given individual circumstance
- ✓ A Skills-based Education Plan that, upon completion, facilitates successful entry into a highly competitive job market

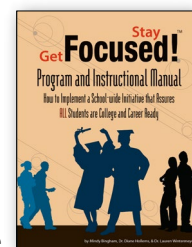


If that's not enough, it's **affordable!**

Flexible **hybrid** and **online** options are available starting as low as **\$9.95 per student.**



The *Get Focused...Stay Focused!*[®] **Program and Instructional Manual** is a comprehensive, 528-page guide that provides the **planning and implementation resources** needed for program and student success.




To request a preview,
call (800) 967-8016 or visit

www.academicinnovations.com/gfsf

Get Stay Focused![®]

Overview of the Follow-Up Modules

Lessons should be presented in order. If time constraints prevent you from covering every lesson in a module, those with a  should be given priority as you adjust. If little time has passed since students last worked with their 10-year Plans, Lesson 1 of each module may not be necessary. Because some topics may also be covered in English classes (e.g., college admissions essays) and by the counseling department (e.g., scholarships), consider collaborating with those teams.

#	Follow-up Module 1: Developing Attitudes & Aptitudes that Promote College & Career Readiness	Follow-up Module 2: Determining Your Informed Major & Post-Secondary Education Path	Follow-up Module 3: Preparing to Act on Your 10-Year Education & Career Plan
1	Reviewing Your 10-year Plan & Analyzing How You've Changed 	Reviewing Your 10-year Plan & Analyzing How You've Changed 	Updating Your 10-year Plan & Your Education Plan 
2	Updating the 10-year Plan to Bring into Perspective Who You are Today	Revisiting Keystone Topics: My Skills Inventory & Counseling with Your 10-year Plan	Building a Skills-based Education Plan: A Road Map for Self-directed Learners 
3	Which Careers Will Have the Highest Demand in the Next Decade? 	Learn about STEM-related Careers on the Department of Labor Web Sites 	Back-up Plans: Critical to Navigating Your Education & Career 
4	Creating a Career Interest Survey for a High-Demand Career of Interest 	Creating a Career Interest Survey for a STEM Career & Reaffirm/Change Your Chosen Career Path 	Time to Take Action: Developing Your Action Plan Checklists 
5	Writing an Education Plan for a High-Demand Career 	Your Education Plan & Transferable Skills 	Developing Your College Planning Timeline & Action Plan 
6	Developing an Education Plan & Course Schedule for a High-Demand Career 	Choosing a Major to Match Your Chosen Career 	Seeking Letters of Recommendation 
7	Writing the Autobiographical Statement for Your 25 th High School Reunion	Choosing a College to Match Your Chosen Career	Finalizing Your Application Essay
8	<i>Lesson 7 continued</i> Presentation of autobiographical statements in class	Examining Colleges that Offer Your Chosen Major & are Close to Home 	Research Scholarships Online
9	<i>Lesson 8 continued</i> Presentation of autobiographical statements in class	Examining Colleges that Offer Your Chosen Major & are Within Your Budget 	Apply for Financial Aid & Scholarships 
10	Which Post-Secondary Option is Right for You? Starting Your Education Plan 	Comparing Colleges to Find the Right Match 	Complete College Applications
11	How to Conduct Online Research for Post-Secondary Options 	Getting Ready for the Application Process & the College Acceptance Probability Worksheet	Writing Your Resume, Cover Letters, & Thank-you Letters 
12	<i>Lesson 11 continued</i> 	Writing the College or Scholarship Essay: Your Outline	College or Career? It's Not an Either/Or Choice 
13	How to Afford College Regardless of Individual Circumstance 	Writing the College or Scholarship Essay: Your First Draft	Write a Student Education Plan (SEP)
14	Do You Have the Preparation to Get into the College or Job of Your Choice? 	Creating a Timeline for Applying to College, Financial Aid, and Scholarships 	Apply for Jobs and Prepare for Interviews 
15	Online Research of Post-Secondary Schools' Admission Requirements 	Updating Your Resume for Applying to College, Scholarships, & Summer Jobs 	Build a College Schedule
16	Update Your Online 10-year Plan to Guide You in Making the Best Life Choices 	Updating My 10-year Plan and Portfolio 	Your Portfolio for Success: Updating Your 10-year Plan, Now and in the Future 